

Complete Breakfasts

Good Start Breakfast

OATMEAL, COLD CEREAL OR HOUSEMADE ALMOND GRANOLA WITH FRESH BERRIES OR BANANAS, SKIM MILK AND YOUR CHOICE OF TOAST, BAGEL OR MUFFIN. INCLUDES JUICE AND COFFEE \$9.95

PRAIRIELAND BREAKFAST

TWO EGGS ANY STYLE WITH CRISP HASH BROWNS. CHOOSE BACON, HAM, SAUSAGE OR CHICKEN APPLE SAUSAGE AND TOAST, BAGEL OR MUFFIN. INCLUDES JUICE AND COFFEE \$11.95

Good Start Buffet

OATMEAL, COLD CEREAL, HOUSEMADE ALMOND GRANOLA, YOGURT, WHOLE AND CUT FRESH FRUIT, MILK, SLICED CHEESES AND COLD CUTS WITH AN ASSORTMENT OF BREAKFAST BREADS AND PASTRIES. INCLUDES JUICE AND COFFEE \$10.95

PRAIRIELAND BUFFET

THE GOOD START BUFFET PLUS EGGS, BREAKFAST POTATOES, BACON, SAUSAGE, FRENCH TOAST AND DAILY SPECIALS. INCLUDES JUICE AND COFFEE \$12.95

3-Egg Omelets

ALL OMELETS INCLUDE HASH BROWNS AND SELECTION OF TOAST

YOUR WAY

YOUR CHOICE OF THREE: BACON, CHEDDAR, TOMATO, MUSHROOM, GREEN PEPPERS, ONION, SAUSAGE, HAM, CHICKEN APPLE SAUSAGE, SALSA OR FRESH ORGANIC SPINACH \$11.95

SMOKED SALMON OMELET

SAUTÉED SMOKED SALMON WITH DILL CREAM CHEESE, TOPPED WITH TOMATOES AND CAPERS \$12.95

SANTA FE OMELET

SAUSAGE, ONIONS, PEPPERS, AVOCADO, FRESH CILANTRO AND CHEDDAR CHEESE SERVED WITH A SIDE OF SALSA AND SOUR CREAM \$12.95

Healthy Choices

Sirloin Steak* AND EGGS [CARB-CONSCIOUS]

WITH WILD MUSHROOM BACON HASH AND GRILLED TOMATOES \$18.95

Mifflin St FRENCH TOAST [LOW FAT]

WHOLE WHEAT BREAD DIPPED IN LOW CHOLESTEROL EGGS AND CRUSHED CORN FLAKES. SERVED WITH FRESH BERRIES AND BANANAS \$11.95

FRESH FRUIT PLATER [LOW CHOLESTEROL]

SEASONAL FRUITS AND BERRIES, LOW FAT YOGURT, LOW FAT GRANOLA BAR \$10.95

Beverages

FRESHLY SQUEEZED ORANGE OR GRAPEFRUIT JUICE \$3.95

APPLE, CRANBERRY OR TOMATO JUICE \$3.95

SEATTLE'S BEST COFFEE, DECAF OR TEA \$3.95

SPECIALTY COFFEE OR TEA \$4.95

MILK, 2%, SKIM OR CHOCOLATE \$2.95

CAPPUCCINO OR LATTE \$4.95

ESPRESSO \$3.95

MINERAL WATER (12 oz.) \$2.95

Signatures

STUFFED FRENCH TOAST

GRILLED CLASSIC FRENCH TOAST STUFFED WITH CINNAMON CREAM CHEESE TOPPED WITH HOUSE-MADE STRAWBERRY SAUCE, ALMONDS AND WHIPPED CREAM. \$12.95

WISCONSIN BREAKFAST SKILLET*

FRESH HASH BROWNS SAUTÉED WITH ONIONS, GREEN PEPPERS, BRATWURST AND SWISS CHEESE TOPPED WITH YOUR CHOICE OF EGGS SERVED WITH TOAST. \$12.95

Specialties

BUTTERMILK PANCAKES

MAPLE SYRUP AND WHIPPED BUTTER \$11.95

FRESH BELGIAN WAFFLE

MAPLE SYRUP, WHIPPED CREAM AND STRAWBERRIES \$11.95

EGGS BENEDICT*

POACHED EGGS, CANADIAN BACON AND HOLLANDAISE SAUCE ON A GRILLED ENGLISH MUFFIN \$13.95

SMOKED SALMON BAGEL*

A TOASTED BAGEL WITH SMOKED SALMON, CREAM CHEESE, CAPERS, TOMATOES AND ONION \$10.95

QUICK SCRAMBLE

QUICKLY SCRAMBLED EGGS, DICED HAM AND HASH BROWNS \$10.95

FRIED EGG SANDWICH

SOUSDOUGH, CHEDDAR, MAPLE PEPPER BACON, GRILLED TOMATOES AND HASH BROWNS OR FRIES \$10.95

Etc.

HOUSEMADE ALMOND GRANOLA \$4.95

SELECTION OF COLD CEREALS WITH MILK \$3.95
WITH FRESH FRUIT, ADD \$1.95

HOT OATMEAL, RAISINS, BROWN SUGAR \$4.95

FRUIT FLAVORED LOW FAT YOGURT \$3.95

BOWL OF FRESH CUT FRUIT \$5.95

BACON OR SAUSAGE LINKS \$4.95

CANADIAN BACON OR HAM \$5.95

BREAKFAST POTATOES \$3.95

TOAST \$2.95

SHORT STACK PANCAKES \$5.95

TWO EGGS* \$3.95

BAGEL WITH CREAM CHEESE OR ENGLISH MUFFIN \$3.95

BREAD BASKET

FRESH MADE MUFFIN, MINI CROISSANT AND BREAKFAST BREAD \$5.95

*EGGS SERVED OVER-EASY, POACHED, SUNNY-SIDE-UP, OR SOFT-BOILED, STEAKS THAT ARE SERVED RARE OR MEDIUM-RARE AND SMOKED SALMON MAY BE UNDERCOOKED. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SMOKED SEAFOOD OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.